



# A C E N D I O

THE ASSOCIATION FOR COMMON EUROPEAN NURSING DIAGNOSES, INTERVENTIONS AND OUTCOMES

## Facilitating participation and collaboration

### ACENDIO position

- ACENDIO believes that the use of eHealth applications and online services changes the way care is organized and the roles for both nurses and patients.
- ACENDIO believes that eHealth should be employed in a way that strengthens patients' involvement and control over their own care and health.
- ACENDIO believes that eHealth services should promote equality and person-centered care, increase participation and prevent social exclusion.
- ACENDIO advocates that patient access to data and information, and active participation in planning, performing and evaluating nursing care, need to increase
- ACENDIO advocates that registered nurses should use eHealth applications for communication and collaboration based on a critical stance with regard to benefit, user friendliness and ethics.

### Background

The roles of the nurse and the patient are affected by the use of eHealth, which needs reflection and consideration. The nurse's role becomes more of a partner, a guide to finding relevant and valid information regarding health, illness and disease. The informative and educative part of being a nurse is stressed. The perspective of regarding the patient as one in the team alongside with nurses, physicians and others needs to be acknowledged. The patient has a unique position with expertise on a personal level of what it means having this health condition. The communication and collaboration between nurses and patients in planning, performing and evaluating nursing care should be characterized by a person-centered care approach, seeking to involve patients, and relatives, in their own care at a level of the patient's own choosing and preference.

eHealth applications could support the nurse-patient encounter as well as supporting each of the actors, e.g. by providing information and increasing knowledge. Patients' access to information increases the possibility to take on a more active role in decision making and own care. However, a dialog with the individual patient regarding preferences for participation is needed.

Approved by the ACENDIO Board

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**ACENDIO - The Association for Common European Nursing Diagnoses, Interventions and Outcomes** - is a membership organisation established in 1995 to promote the development of nursing's professional language and eHealth and to provide a network across Europe.